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Epping Forest Hedgehog Rescue

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Feeding hedgehogs in your garden

- Tinned Cat, Dog, Puppy or Kitten food.
- Cat or Kitten Biscuits, meat flavoured
- Spike's Dinner or Wildthings Hedgehog Food
- Cooked meat leftovers like chicken or mince, chopped into small pieces. No salt.
- Small pieces of chopped medium cheddar cheese
- Chopped Peanuts, Sultanas & Raisins
- **Lots of Water, especially in hot weather**

Put the food down at dusk and take up what is left first thing in the morning. Put the food under a platform or Ridge tile to stop Cats or Foxes stealing it

Hedgehogs are dying out and need the food and water **YOU** give them to survive. You should put food and water down **every** night. Don't forget to leave a small dish of biscuits and water while the hedgehogs are hibernating. They often wake up and have a quick snack. That food will be a life saver